



thecornerstone



This has been a year that we don't think anyone could've predicted – and it's not over yet. Scientific data suggests that COVID-19 won't be "over" for quite a while, but a better understanding of the virus and the amazing developments with vaccines are good news for the future.

What we need to do in the interim – and what we believe RGM has been doing quite well – is readjust and be safe. We've continued to re-institute and review the stringent sanitisation and behavioural safety protocols at all our properties in an effort to keep everyone who works in and visits our buildings safe, which has reinforced a greater sense of community. We're all in this together. We'll continue to do our best – and because we understand the challenges these trying times pose, we'll always work with you to find solutions.

We also encourage everyone to observe the return-to-work procedures, particularly around building entry and common area protocols, physical distancing and the reporting of possible COVID-19 cases.

Although seasonal traditions are uncertain this year, RGM will – as we do every Christmas – contribute to three hardworking charitable organisations: The Cyril Ross Nursery, The Hibiscus Foundation, and The Lady Hochoy Home. It's always better to give than to receive, so this year especially, give of your time, skills or resources to those in need. Wouldn't it be great if the "new normal" could translate into a rediscovery of these old values?

Wishing you and yours a safe and simple season that helps you get back to the true meaning of Christmas, and all the best for 2021!

Meet Our New Tenants!

RGM IS PLEASED TO WELCOME THREE NEW COMPANIES TO SAVANNAH EAST, TRINIDAD AND TOBAGO'S FIRST LEED-CERTIFIED BUILDING – AND THE EXPANSION OF ONE COMPANY AT ALBION PLAZA.

The global law firm **Dentons Corporate Services Limited** offers legal and business solutions to clients in an increasingly complex and interconnected marketplace, and the **Delegation of the European Union to Trinidad and Tobago**, part of the European Union External Service, is one of 140 such Delegations around the world. It enjoys the status of a diplomatic mission and is the official local representative of the European Union (EU). **Diagon Consulting Limited** is an information communications

technology (ICT) company that specialises in cyber security and technology automation solutions.

Additionally, one of our existing tenants, **Capital Markets Elite Group** – a financial services company that provides global, web-based retail, institutional and alternative investment services – has expanded its operations to the ground and first floors of Albion Plaza.

INSIDE THIS ISSUE



What's Cooking for Christmas?
Get Inspired!

2



Christmas Corner
Christmas in the Time of COVID

3



We've Got Space!

4



On November 4, 2020, RGM's head office was relocated to **Albion Plaza's first floor**. The move affords us the perfect opportunity to remind all our tenants that we're here for you. Just reach out to our new **Tenant Services Manager, Rae-Ella Roberts-**

Adams, at rroberts-adams@rgm.co.tt, or give her a call at 285-9075. She'll be happy to answer your queries, discuss any concerns and provide reliable support to your business' operations.

Cook Up Something Delicious for Christmas!



AS EVERYONE'S TO-DO LIST GETS LONGER, THE CAFÉS AND RESTAURANTS AT OUR RGM BUILDINGS ARE THE PERFECT MEAL-TIME SOLUTION. THE COVID-19 RESTRICTIONS HAVE BEEN ESPECIALLY HARD ON THE FOOD SERVICE INDUSTRY; BY SUPPORTING YOUR FAVOURITE EATERIES, YOU HELP ENSURE THEY'LL BE AROUND BEYOND THE PANDEMIC.

Roband Sidewalk Café, which specialises in gourmet food with a dash of local flair and Chaud Café Vite, which offers wholesome grab and go breakfasts, lunches, and dinners, can cook up an array of dishes – including some very special seasonal offerings – or try the ever-reliable TGI Fridays if you have a craving for American-inspired fare.

Visit any (or all!) of our restaurants for delightfully enjoyable food to celebrate the season – and you can rest assured that all indoor and outdoor seating options comply with the appropriate social distancing guidelines.

TGI Fridays has even put together a holiday special – featuring a range of entrees with your choice of a dessert or a non-alcoholic cocktail – that's sure to make your spirit bright!

ROBAND SIDEWALK CAFÉ – Princes Court,
Cor. Keate & Pembroke Streets, Port of Spain
6:00 a.m. – 5:00 p.m.
Offers to-go and delivery services

CHAUD CAFÉ VITE – Victoria Place,
11-13 Victoria Avenue Port of Spain
6:30 a.m – 5:00 p.m.

TGI FRIDAYS – Queen's Park Plaza,
Queen's Park West, Port of Spain
11 a.m. – 10 p.m.
Offers to-go, curbside, delivery and food drop services

Naturally, all three establishments practice proper COVID-19 protocols, so please remember to wear a mask and practice social distancing. Enjoy and stay safe!

Get Inspired! Brilliant insight to get us back to basics this Christmas...

“ The world has grown weary through the years, but at Christmas, it is young.” – Phillips Brooks

“ Mankind is a great, immense family. This is proven by what we feel in our hearts at Christmas.”

– Pope John XXIII

“ Christmas, my child, is love in action.”
– Dale Evans

Christmas Corner

Every Christmas, one of the things we most look forward to at RGM is presenting our annual donation to our three favourite charitable organisations, two of which – The Cyril Ross Nursery and The Hibiscus Foundation – tend to children who are HIV-positive, both medically and in terms of their emotional needs. The third NGO that we regularly support is The Lady Hochoy Home, which does a phenomenal job of nurturing youth with disabilities so that they can live their lives to the fullest.

This Christmas, under the strain of COVID-19, we understand just how important it is to be a reliable support to those who depend on us – and so many others like us, who give of their time and resources to those who need them most.

Christmas in the Time of COVID-19



IT'S STILL TOO EARLY TO TELL WHAT TRINIDAD AND TOBAGO'S COVID-19 RESTRICTIONS WILL BE LIKE COME CHRISTMAS, BUT THE LIKELIHOOD IS THAT PEOPLE WON'T BE ABLE TO CONGREGATE IN THE LARGE NUMBERS TO WHICH THEY'RE ACCUSTOMED, EITHER AT GET-TOGETHERS OR AT CHURCH.

Christmas shopping and gift-giving traditions will also have to be reimaged, so here's a list of suggestions to help make this unusual yuletide season both memorable and meaningful...

- 1. Buy thoughtfully and locally** – The pandemic has seriously impacted the economy: unemployment rates have risen as businesses continue to feel the ripple effects of the restrictions, which means less disposable income to spend on Christmas presents. Gifts, however, don't have to be expensive to be appreciated. This might be a year for prudence, but we can still show our appreciation. You can support local, environmentally friendly businesses, and even consider starting a new tradition of giving to those less fortunate at this time of year.
- 2. Go homemade** – Alternatively, summon up your skills! You can gift homemade offerings like baked goods, Christmas-themed drinks like sorrel and ponche-de-crème, or crafty items like handmade decorations that commemorate the challenges and triumphs of 2020.
- 3. Shop safely** – Take advantage of the fact that most local businesses have an online presence. Fewer shoppers in

stores mean a reduced risk of COVID-19 spread. This is not to say that you can't shop responsibly in person – just be sure to patronise malls and stores that are stringent about sanitisation measures. In addition, wear your mask, practice physical distancing and sanitise your hands after you handle merchandise. It's also wise to get organised early and avoid any last-minute rush in the stores and supermarkets.

- 4. Think long-term** – COVID-19 is a marathon, not a sprint – so consider purchases like at-home fitness equipment (in case gyms are closed), devices (for connectivity), or comfortable clothing and décor that will serve you well in case lockdown restrictions tighten at some point in the future.
- 5. Celebrate virtually** – We're doing practically everything else online these days, from banking to board meetings, so why not Christmas parties? While you'll probably be able to physically congregate with your core group, you can still see friends and family – both near and far – via a range of video conferencing apps. Host an online Christmas lunch or even an Old Year's Night party! You can even record the festivities for posterity and it's a great way to include people who are at greater risk from the virus.



We've Got Space!

IF YOUR BUSINESS NEEDS ROOM TO GROW, OR IF ANYONE IN YOUR NETWORK IS LOOKING FOR A NEW OFFICE SPACE, AN RGM BUILDING IS THE PERFECT CHOICE, OFFERING A RANGE OF OPTIMUM LOCATIONS ALONG WITH SAFETY, FUNCTIONALITY, PROFESSIONALISM AND COMPASSIONATE COMMUNICATION.

NEWTOWN CENTRE

Maraval Road, POS



Excellent location, close to business districts, support services and restaurants.

4TH FLOOR, 2,648 sq. ft.

- Available immediately

2ND FLOOR, 11,825 sq. ft.

- Available January 1, 2021

The lease of both spaces includes use of a staffed reception area and rooftop facility.

PRINCES COURT

Corner Keate and Pembroke Streets, POS



Top-class facilities and panoramic views of the capital.

5TH FLOOR, 3,591 sq. ft.

1ST FLOOR, 11,372 sq. ft.

3RD FLOOR, 11,372 sq. ft.

The lease of all spaces includes use of a staffed reception area and rooftop facility. Convenient on-site café. All available immediately.

SAVANNAH EAST

Queen's Park East, POS



Modern, energy-efficient, LEED-certified; offers long-term cost benefits and boosts employee productivity.

5TH FLOOR, 3,558 sq. ft.

- The lease of this space includes the use of a staffed reception area, the rooftop facility, meeting area and gym
- Available immediately

QUEEN'S PARK PLAZA

Queen's Park West, POS



Reconstructed around the Art Deco architectural heritage of the Queen's Park Hotel, RGM's flagship building is state-of-the-art.

GROUND FLOOR, 5,269 sq. ft.

- On-site restaurant
- Available immediately

ALBION PLAZA

Victoria Avenue, POS



A contemporary, HSSE compliant space, with strong support services in a prime location.

GROUND FLOOR, 2,449 sq. ft.

8TH FLOOR, 614 sq. ft.

The lease of both spaces includes use of the building's rooftop facility. Convenient on-site restaurant. Both available immediately.

For more information, call:

- **Rae-Ella Roberts-Adams at RGM – 285.9075**
- **Jean-Paul de Meillac at Terra Caribbean – 628.2391 or**
- **Bridget Jackson at Massy Realty – 628.0611**



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