

the Cornerstone



This will be our third Christmas since the pandemic started – and while we understand how exhausting it feels to even think about COVID-19, that doesn't change the fact that it's still here. The current challenge is to find ways to live with it.

Your safety is paramount to us at RGM, which is why we've maintained safety protocols like sanitisation and social distancing. While mask-wearing is no longer nationally mandated, nor is it a requirement to be worn by visitors and tenants in common spaces, we continue to encourage them to properly assess the potential risk and to be guided by this throughout all areas of the building. While active case numbers appear manageable for the moment, the actual number is likely higher given the proliferation of home testing options, so it's best to err on the side of caution – especially with increased exposure that comes from socialising around Christmas time.

This isn't to say that you shouldn't enjoy your Christmas season. We deserve it. It's such a blessing to be able to connect with friends and family at this special time of year, and to be able to once more enjoy the **things that make a Trini Christmas the best!**

WE HOPE THIS ISSUE OF *The Cornerstone* WILL GET YOU SAFELY INTO THE CHRISTMAS SPIRIT, AND WISH YOU AND YOURS EVERYTHING GOOD FOR A JOYOUS AND WONDROUS 2023!

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ALBION PLAZA



Steamship agency **Blue Water Shipping** coordinates port calls for vessels involved in the trade of bulk cargo products like grain and fertilisers, steel and ores, minerals, oil, LNG, and even biomass. The company handles everything from stowage preparation to in-port logistics, scheduling and inspections.

On the heels of transforming its business model from manufacturing to sales, distribution and supply chain management — and the decision to sell its flagship property in Champs Fleurs — the multinational consumer goods company **Unilever** relocated its local headquarters to Albion Plaza. From this new location, it will continue to service the English and Dutch-speaking Caribbean, representing many trusted brands, including Breeze detergent, Cif household cleaner, Lifebuoy soap, Suave hair products, Magnum lollies and Lipton teas.

Founded in Barbados in 2016, **Figtree Financial** opened its Trinidad office in 2022, with the aim of helping regional clients navigate the ever-evolving tax, banking and compliance landscape that guides estate and wealth planning.

Family-focused, the team is committed to building generational prosperity in the Caribbean by offering financial stewardship services that include strategic, multi-currency investments, wealth management and estate planning.

Valaris is an energy sector company that provides technologically advanced drilling services and rig fleet support. Running the gamut from ultra-deepwater drill ships to semi-submersibles and shallow-water jackups, its expert crews are trained to handle the most challenging offshore conditions with professionalism and ease.

Raphael Ajodhia & Associates is a sole legal practice specialising in all aspects of civil litigation, with particular emphasis on contract/commercial disputes and industrial relations. With nearly a decade of experience, the firm has developed a reputation of successful practice before all local courts, as well as the Caribbean Court of Justice and the Eastern Caribbean Supreme Court.

NEWTOWN CENTRE

2023 will mark 30 years since Trinidad and Tobago's indigenous bank, **First Citizens**, opened its doors — and it continues to evolve to meet the needs of its customers, offering a wide range of services that includes retail, commercial, corporate, merchant, trustee, investments, brokerage and securities trading. Its Newtown Centre location, along with its existing office at Albion Plaza, will house the Group's non-banking and corporate units.



PRINCES COURT

Massy Finance GFC Limited, a member of the Massy Group, is an investment holding and management company focused on integrated retail, industrial/medical gas, and motors portfolios. The Massy Group represents some of the region's most popular car brands, including Nissan, Hyundai, Subaru, Volvo and Volkswagen.





Christmas Corner

Being a good and dependable corporate citizen is important to RGM, and at Christmas, we support a few charities that have been close to our hearts for a long time. **The Cyril Ross Nursery**, which takes care of HIV-positive children, and **The Lady Hochoy Home**, which nurtures youth with disabilities, have been looking after the needs of some of our society's most sidelined. In the immortal words of The Mighty Shadow, "Everybody is somebody", and the work of these two organisations shows us what inclusion should look like.

We adopted a new non-profit organisation last year and continue to embrace them this year, **Bethesda – For Persons with Disabilities**, which serves families that have persons with disabilities. Part of its mandate is to provide a sensory-friendly environment where families can feel accepted just as they. The family is the foundation on which true change is built, and we are proud help Bethesda effect that change. We hope that our contribution to these three worthwhile groups will help create a memorable Christmas for those in their care.



Get Inspired!

"Want to keep Christ in Christmas? Feed the hungry, clothe the naked, forgive the guilty, welcome the unwanted, care for the ill, love your enemies, and do unto others as you would have done unto you." ~ Steve Maraboli

"My idea of Christmas [is] very simple: loving others. Come to think of it, why do we have to wait for Christmas to do that?" ~ Bob Hope

"Peace on earth will come to stay when we live Christmas every day." ~ Helen Steiner Rice

Why "Trini Christmas is the best"

Most Trinis know the lyrics to the Parang-inspired tune, but there are so many reasons why our Christmas celebrations cannot be matched...

1. The food. It's right there in the song, isn't it? "Bread and ham, together with a pastelle; ginger beer, ponche à creme and sorrel"...and that's just the start. What about black cake, garlic pork, pigeon peas, chow chow? Christmas culinary favourites add something special to the season. You know it's the most wonderful time of the year when the house smells like Christmas!
2. The music. The second Daisy Voisin proclaims "Ayyiiieeeeeee!", you know it's Christmas. Whether or not you are a fan of parang music, you can't deny the joy and energy associated with the genre. Traditional parang music, sung in Spanish, is mostly oriented around the welcoming of the Christ Child; soca parang uses the musical style to sing about broader topics with a unique Trini flair...and what's Christmas Day without the requisite playing of Kitchener's classic "Drink a Rum"? Trini tunes definitely put the cool in yule.
3. The weather. It's all well and good to sing along to international Christmas staples like "Let it Snow", but there's something truly spectacular about a green Christmas. The sun is warm, the breezes are cool, and the beach vibe is laid back. We're pretty sure if Santa had to pick a Christmas vacation spot, it would be T&T.
4. The fun. Carnival, Christmas and everything in between, there is no doubt that Trinis know how to have a good time. From house parties and impromptu neighbourhood "blockos", to work gatherings and fancy formal affairs, 'tis the season to be merry – and no one does it like Trinis do, with lots of food and drink, picong and laughter, dancing and liming.



Merry Trini Christmas!

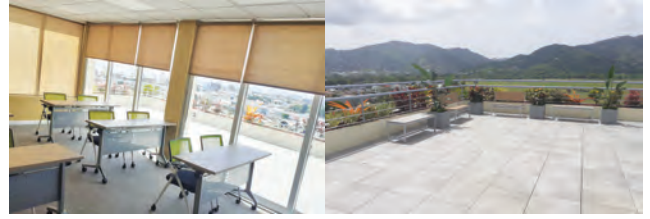


WHAT'S NEW AT RGM



A **NEW GYM** and **CONFERENCE CENTRE** will soon be part of the amazing amenities available to the tenants of **PRINCES COURT!** Carded to open before the end of the first quarter of 2023, both facilities are located on the building's rooftop, boasting serene, spectacular views of the Queen's Park Savannah and Port of Spain.

The comfortably-sized **GYM** will be fitted out with weights, treadmills and cardio machines; it'll be easier than ever to squeeze in a workout before, during or after work – and the fitter you are, the more energetic and productive you'll be. The **CONFERENCE ROOM**, meanwhile, will be outfitted with modular furniture that can be easily configured for whatever setup suits your meeting style best, and the location provides a lovely change of scene that is sure to spark innovative ideas. Here's to a healthy and productive 2023!



The tenants of **ALBION PLAZA** have been enjoying their **NEW ROOFTOP AREA AND LOUNGE**, which boasts modern and bright indoor meeting and training area and an open air space with unbeatable, views of the capital city and the gulf. The furniture in the conference area can be configured to different meetings styles, whether they be board meetings, team check-ins, staff training or workshops.



WE'VE GOT SPACE

If your business needs room to grow or if anyone in your network is looking for a new, safe and professional office space, an RGM building is the perfect place to be!

PRINCES COURT

Corner Keate and
Pembroke Streets, POS



Top-class facilities and panoramic views of
the capital

5th Floor: 3,619 sq.ft.

3rd Floor: 3,771 sq.ft.

1st Floor: 11,372 sq.ft.

(can be subdivided into smaller offices
ranging from 1,959 sq.ft. to 4,688 sq.ft.)

Staffed reception area

Rooftop facility

Gym and conference room coming soon

NEWTOWN CENTRE

Maraval Road, POS



Excellent location, close to
business districts, support services
and restaurants

4th Floor: 2,648 sq.ft.

4th Floor: 2,767 sq.ft.

Staffed reception area

Rooftop facility

ALBION PLAZA

Victoria Avenue, POS



A contemporary, HSSE compliant space
with strong support services and in a
prime location

1st Floor: 10,057 sq.ft.

3rd Floor: 1,599 sq.ft.

Ground Floor: 2,449 sq.ft.

Staffed reception area

Rooftop lounge and meeting facility



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